

## **Programme and Pedagogical Organisation**

UNIVERSITY OF BURGUNDY FACULTY OF SPORTS SCIENCES 3, Allée des Stades Universitaires 21078 DIJON Cedex, FRANCE

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## **Administrative Management**

COMMON SERVICE OF CONTINUOUS TRAINING AND ALTERNANCE SEFCA - Maison de l'Université Esplanade Erasme - BP 27877 21078 DIJON Cedex, FRANCE

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#### **Certifications and References**

- Filed at INPI n°18 4 458 142
- SFFCA DATADOCK referenced
- SEFCA ISO 9001 certified
- SEFCA Qualiopi certified



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FORMATION-Dijon-2025-2026-EN-V1



UFR STAPS

Dijon - Le Creusot

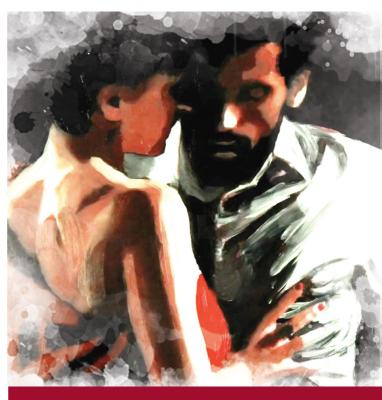
UNIVERSITÉ

BOURGOGNE EUROPE

# TRAINING IN

## « THERAPEUTIC TANGO »









#### INFORMATION

## Outline of the training

The training lasts 26 hours, over four days. The next coming sessions will take place on:

- Monday 22<sup>nd</sup>, Tuesday 23<sup>rd</sup>, Wednesday 24<sup>th</sup> & Thursday 25<sup>th</sup> September 2025
- Monday 23<sup>rd</sup>, Tuesday 24<sup>th</sup>, Wednesday 25<sup>th</sup> & Thursday 26<sup>th</sup> March 2026
- Monday 21st, Tuesday 22nd, Wednesday 23rd & Thursday 24th September 2026

#### Location

- Institut Marey B64 Rue Sully, Dijon
- UFR STAPS, 3 All. des Stades Universitaires, Dijon

Université de Bourgogne - Campus de Dijon, FRANCE

Tramway T1: Mazen-Sully, easy access from the train station

#### Admission

600,00 € per person

### Compliance with health standards

- Frequent airing of the premises
- Use of hydroalcoholic gel recommended



#### **PUBLIC**

Professional caregivers:

- facilitators in Gerontology,
- nursing assistants,
- teachers of Adapted Physical Activity,
- nurses...

Volunteers, Families...



#### DESCRIPTION

The courses are based on the Dinzel System, a well articulated pedagogical teaching of the transmission and diffusion of tango, written by Gloria and Rodolfo Dinzel.

Gloria and Rodolfo were the first to use tango as a therapeutic treatment for Parkinson's disease patients and young people with Down's syndrome (trisomy 21).

Thomas Poucet, Tango Teacher, was trained in the Dinzel method directly by Rodolfo Dinzel himself.

All his work will be based on the foundations of this system, on Dance Movement Therapy, on the search for improvisation and freedom as the main elements of dance, to be shared with elderly people suffering from neurodegenerative disorders.



#### OBJECTIVES -

Train professional gerontology caregivers to animate Tango workshops.



#### Monday - Institut Marey

9am - 9.30am - Introduction, administration and tour of the laboratory

Lucie DUTHU, Head of Training Engineering.

Pauline HILT, Inserm Research Fellow, Inserm Laboratory U1093 Cognition, Action, et Plasticité Sensorimotrice CAPS.

9.30am - 10am - Logistical arrangements for the 4 days

Mutual introductions, signing of authorisations and image rights, creation of a photo directory, choice of lunch options. Anne BRAMARD BLAGNY, author, director, producer.

10am - 12pm - Link between Aging, Tango, Research

Jessica BAZIN, Adapted Physical Activity Teacher, Psychomotrician, PhD student, illustrated by demonstrations by and with Thomas POUCET, tango teacher.

12pm - 1pm - Aging and motor control

Vianney ROZAND, University Lecturer.

2pm - 3.30pm - Agism

France MOUREY, Professor Emeritus, Université Bourgogne-Europe, Inserm CAPS.

3.30pm - 4.30pm - Introduction to the project Tango for Seniors Origins of the concept & screening of the documentary « The Melody of Alzheimer's ». Introduction to the global project and of its deployment in France, in Europe, in the USA & in Latin America. Anne BRAMARD BLAGNY.



#### Tuesday • UFR STAPS •

9am - 10.30pm · Conference: «The History and Present Day of Tango» Solange BAZELY, lecturer specialist of Tango culture.

11am - 12pm • Tango practice

Basics and foundamentals of Tango adapted to the needs of seniors. Thomas POUCET.

1pm - 4.30pm • Tango practice

Dissociation, Rhythm, Orientation. The connexion of «Abrazo» (embrace) : construction of the Abrazo, empathy & presence. Repetition & development of basic sequences with a dance partner. Thomas POUCET.



#### Wednesday • UFR STAPS •

9am - 12pm - Tango practice

Improvisation, dialogue of the couple, possibility of error, uniqueness, expressive elements, sensibility, music. Thomas POUCET.

1pm - 4.30pm · Tango practice

Thomas POUCFT.



#### Thursday -

9am - 12pm - Tango practice - UFR STAPS

Tango workshop set up by the trainees. Thomas POUCET.

1pm - 4.30pm · Conclusion - Institut Marey

Final debriefing. Pauline HILT, Thomas POUCET.

Anne BRAMARD BLAGNY for advice on project implementation.