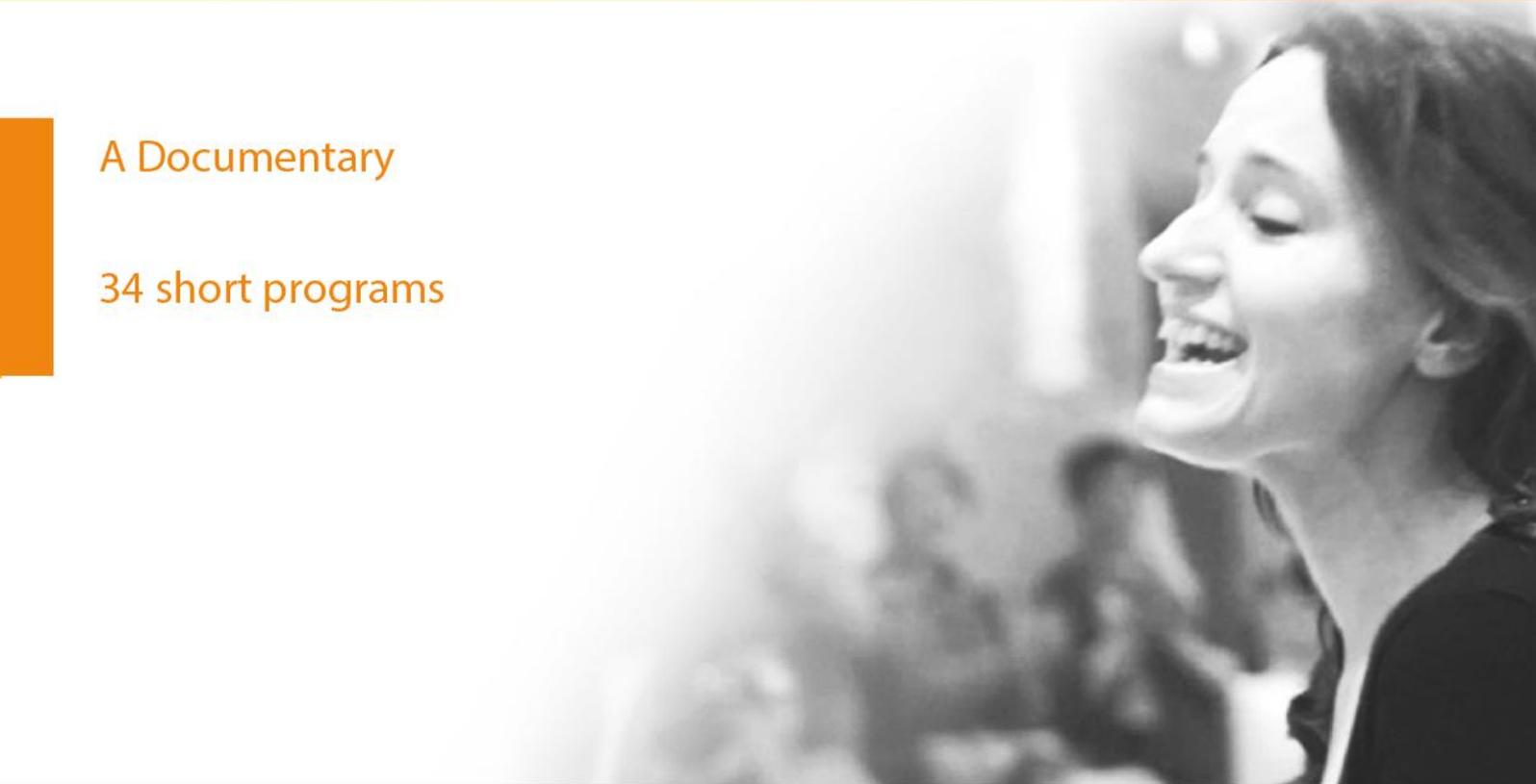


# The Melody of Alzheimer's

A Documentary

34 short programs



## Press File

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# THE RELEASE

## « The Melody of Alzheimer's »

« Without music, life is not worth living » summarizes Bernard Lechevalier, Inserm researcher and pioneer in France in research on the link between music and brain.

What if music could allow life to regain its worth, lost because of the disease ? What if it had the wonderful power of changing the daily life of people affected by the disease ? These are the questions asked by « The Melody of Alzheimer's » .

The musical and scientific documentary tell the experience that 15 people from OSE's association have lived in a Therapeutic stay at the Abbaye de La Prée hosted by « Les petits frères des Pauvres » and « Pour que l'Esprit Vive » .

Between 2010 and 2013 , the patient's health improved dramatically. Thanks to music and Tango, Ida, Rosette, Paule, Willy, Jean-Claude smile again and rediscover the joy of sharing.

Throughout this visionary documentary, some of the most recognized neurodegenerative diseases specialists, neurology, neuropsychology and cognitive psychology researchers and artists from several fields, opinions and discoveries explain on a scientific, medical and human side these impressive health improvements.

Both moving and invigorating, « The Melody of Alzheimer's » make spectators think about the way our society currently cares for neurodegenerative disease's patients.

More than a simple testimony, this musical and scientific documentary expects answers.

Julia Blagny and Anne Bramard-Blagny created this project. Music has always been an important component of their lives and documentaries

« The Melody of Alzheimer's » has been supported by the SACEM and Inserm for the writing ; by the Sacem, La Caisse Nationale de Solidarité pour l'Autonomie (CNSA), the Inserm, les Petits Frères des Pauvres, Pour Que l'Esprit Vive, l'œuvre de Secours aux Enfants (OSE), Le Groupe AUDIENS, Malakoff Mederic, Le Train Expo SNCF (Alzheimer), le Conseil Général de la Nièvre, the city of Decize and Lions Club of Decize for the production ; it is a co-production from Films de l'Europe, Moving Angel, Jeunes pour le monde

This documentary will be broadcasted by Canal C2 (Strasbourg University), Canal 32 (Troyes), Téléssone, ORF, Okto TV, and Radio Afrika (Austria), CeskaTelevize (Czech Republic) and TVP (Poland).

« The Melody of Alzheimer's » has been presented as a Premiere on Tuesday February 11th, at the « Musique, sciences et santé, accord majeur » meeting at the SACEM in Neuilly-Sur-Seine

Anne Bramard-Blagny

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# The Documentary

## The Melody of Alzheimer's



Three years of observation, shared experiences, then filming in order to check the importance of the Musique and The Tango close to people who have degenerative diseases such as Alzheimer diseases.

Notes, words then steps.



The narrative is the exceptional story of fifteen patients at the "Abbaye de La Prée".

The music workshops, then tango interspersed into daily life, surrounded by the researchers of the laboratories Inserm and CNRS.

Ida doesn't speak, she doesn't smile. She is transformed into the ad hoc assistant, it is Ida who becomes the interlocutor of Jean-Claude, a lawyer in his sixties. He rediscovers the joy of sharing. Georgette, Rosette, Paule, Suzanne, Willy follow!

This poetical documentary leads us to question the necessary changes to be made in terms of the prevention, care and support of neurodegenerative diseases, and hence to reflect on the evolution of society.

It is the quest for knowledge.



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# They are researchers...

## The Allegros of Alzheimer's (10 interviews with researchers)



“Les allegros” are a way, divided into 10 steps, to understand the importance and influence of music on brain and more particularly in the approach of neuro-degenerative diseases such as Alzheimer's.

10 researchers working on these projects open their laboratory doors and share their conclusions.

New concepts are created...

### Allegro 1 The Musical Brain

**Bernard Lechevalier**

Neurology Professor, Inserm U 923,

Caen University,

Member of the Medical National Academy

### Allegro 3 “La musique va à l'hippocampe”

**Hervé Platel**

Neuro-psychology, Inserm U 1077,

Caen University

### Allegro 5 “Music is the disease's obstacle.

**Emmanuel Bigand**

Cognitive psychology Professor

French University Institute CNRS UMR 5022 research University.

Burgundy University. Leader of the project EBRAMUS

### Allegro 7 Movement, dance, Tango and rehabilitation.

**France Mourey**

University Doctor

Senior lecturer in gerontology, Inserm 1093 Unit

Burgundy University

### Allegro 9

**Bruno Dubois**

Neurology professor

Director of the memory and Alzheimer's disease institute

INSERM U 610, GH Pitié-Salpêtrière

### Allegro 2 The elder, the child's reflection/ the coding principle/ The cognitive reserve

**Francis Eustache**

Neuro-psychology, Inserm U 1077,

Caen University

Director of studies at the “Ecole Pratique des Hautes Etudes”

### Allegro 4 « The brain's answer to new and ancient song

**Mathilde Groussard**

AHU, Inserm U 1077, UCBN, Caen's CHU,

Cyceron neuroimaging center, Caen

### Allegro 6 Sound is a movement

**Thierry Pozzo**

Neurophysiology professor, French University Institute.

Inserm 887 Unit Director, Burgundy University

### Allegro 8 Music is a therapeutic complement but not an alternative

**Séverine Samson**

Cognitive psychology and neuropsychology professor

Director of the Neuropsychology and auditory cognition sections.

Charles de Gaulle Lille 3 University, French University Institute

### Allegro 10 Understand Alzheimer's to change perception on society

**Joël Menard**

President of the “Conseil Scientifique du Plan Alzheimer's”

2009-2012

The **allegros**  
of Alzheimer's

Supported  
by the  
Inserm



10 interviews with researchers of the Inserm and of the CNRS  
in order to have a better comprehension of the effect of the music on the brain



A documentary proposed by Anne Bramard-Blagny



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Inserm *sacem*



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# They are the patients...

## The « Vivaces » of Alzheimer's 8 patient descriptions

“Les Vivaces” represent the different groups of patients.

Helped by musicians and dancers, under the regular care of doctors, patient's behavior is analyzed by scientists.

They notice that the memory of ancient songs is still intact, that it initiate movements, some visible, some not.

Gymnastic workshops become more dynamic. Patients try dances, Waltz the tango...

Patients want to continue workshops. This is the building of a “future memory”. A new care method is developing.

8 witnesses have been chosen among the twenty people that experienced this new method; Rosette, Ida, Georgette...



### Vivace 1 Rosette

“Here, there is only good”

She has always danced. She participated and won a competition.

Music gave her back gestures and a proud way of walking.

She remembers and dance tango again.

Her stay at La Prée allow her to project into the future.



### Vivace 2 Ida

“1, 2, 3, 4... One, two, three, four”

Interpreter, she had two passions, English and dance. Thanks to the workshop, she remembers rapidly all the sequences and movements. She goes from attentive student to the professor's assistant as she remembers more and more. The tango class is in English:

“One, two, three, four”.



### Vivace 3 Georgette

“This workshop is a gift”

From the musical workshop, she withholds the idea of sharing. But her body remembers rhythms; everyday more.



### Vivace 4 Suzanne

“The wedding song is...”

Born in Morocco, Suzanne remembers Arabic song. She finds her place in the group, tells stories about these songs and share them with others.



### Vivace 5 Paule

“I remember music”

Withdrawn when she arrived, she opened herself to music and life. She sings in Yiddish, in Hebrew and even in Italian. She smiles, she lives gain.



### Vivace 6 Willy

“I play the socialite dancer”

Willy arrived in a wheelchair. He did not move without his walker. Music from Cuba, where he lived, makes him sing, get up and even dance. He leaves without a wheelchair.



### Vivace 7 Simon

“We should continue”

He likes to sing and hear music from his youth that he teaches to the group.



### Vivace 8 Georges et Gisèle

“There is some warmth in these workshops”

Georges met Gisèle in a ball, on a tango. None of them have forgotten.

## The «Vivaces» Of Alzheimer's

Supported

by



malakoff médéric

8 interviews with patients

In order to have a better comprehension of the influence of the music on the brain



8 Documentary prepared by Anne Bramard Blagny and Julia Blagny



These “Vivaces” have been produced thanks to the support of MALAKOFF MEDERIC



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# They are musicians, dancers...

## The concertos of Alzheimer's 8 interviews with musicians

“Les Concertos” are interviews with 8 artists interested by the power of music.

Alexis Galpérine speaks about his grandfather's work: Souberbielle who, in the XVIII century was already using music to help patients.

He makes us think about the power of music for therapeutic purpose.

Dominique de Willencourt, cellist and musical director of

“Pour Que l'Esprit Vive”, presents the abbaye de la Prée, opened to elderly people for a therapeutic holiday, to musicians and to scientists willing to observe this meeting.

Emmanuel Rey playing the oboe and Samuel Lucotte playing the saxophone share their music...

Moreover, Sylvania Yustino and Carolina Udoviko dance tango in order to help elderly people's movement, gesture and balance rehabilitation.

Philippe Bouteloup and Hugues Reiner speak about their twenty years old experience and the conclusions they can draw.

### The concertos of Alzheimer's

Supported  
By



8 interviews with musicians and dancers  
in order to have a better comprehension of the effect of the music on the brain



A documentary proposed by Anne Bramard-Blagny



#### Concerto 1

Alexis Galpérine

“Emotion is stronger than physic”

Violinist

Professor at Paris' CNSMD



#### Concerto 2

Dominique de Willencourt

“Music creates a stronger relationship  
than words”

Cellist and composer

“Pour Que l'Esprit Vive” 's President



#### Concerto 3

Emmanuel Rey

“Music can help to live”

Oboist



#### Concerto 4

Samuel Lucotte

“Having suffered a stroke and being  
saved by music I remember by sharing  
this with notes and words.”

Saxophonist and intervenor musician



#### Concerto 5

Sylvania Yustino

“Singing is honoring life”

Jazz and Tango singer



#### Concerto 6

Carolina Udoviko

“When I dance, I am a music instrument”

Tango Choreographer and professor  
B'Aires Dijon Tango School's Director



#### Concerto 7

Philippe Bouteloup

“What matters is precision and  
intention”

Director of the Association “Musique et santé”



#### Concerto 8

Hugues Reiner

“Music is an act of Justice and Politic”

Composer and conductor

Creator of “les Choeurs Résiliences”

These Concertos have been produced thanks to the support of “Fonds Sociaux d'Audiens Retraite Arrco and Audiens Retraite Agirc”



MONO & STÉRÉO	COULEUR

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# They are doctors...

## The legatos of Alzheimer's 8 interviews with doctors

8 doctors and neurologists share their discoveries. New care methods are created. . .



### Legato 1 The "Future memory"

#### Marc Cohen

"Our aim is the building of a prospective memory"

Geriatrician

Director of the "pole Santé, Vieillesse, Handicap OSE"  
Director of the Joseph Weill reception center.



### Legato 2 New Music, new synapse

#### Michel Poncet:

"Learning something new is like creating a new brain"

Chief of the Neurology and Neuropsychology service at Timone CHU.

Coordinator at CMRR PACA-OUEST from 2005 to 2008.

President of the Alzheimer's disease Institute.



### Legato 3 Take care of ... with a "feeling of familiarity"

#### Odile Letortu

"There is no curative medication, there are only therapies"

Geriatrician, coordinating doctor at the retirement home "des Pervenches" at Bieville Beuville.



### Legato 4 Pain, Music what does link them?

#### Gérard Mick

"A different memorized space"

Neuro-psychologist

Hospital practitioner at "Centre Hospitalier Pierre Bazin" in Voiron (38)



### Legato 5 Training one's cognitive capacity.

#### Bernard Croisile

"Facilitating cognitive comfort".

Neurologist/Neuro-psychology's service Chief at the Neurologic Lyon Hospital.



### Legato 6 Delay the state of dependency

#### Grigori Nekritch:

"Succeeding means delaying the state of dependency of several years"

Gerontologist

Prevention of the aging due to diseases.



### Legato 7

#### Philippe Amouyel

"Perhaps we are missing a great opportunity"

University professor

Director of INSERM 508

"Plan Alzheimer's" Foundation director

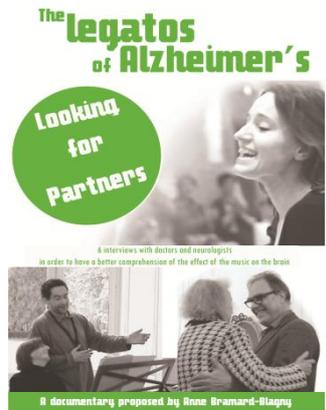


### Legato 8

#### Gérard Saillant

"My dream? It is that every doctor's order starts with one hour walk every day."

Institute of the brain and the spinal cord's president



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These legatos have been produced thanks to the support of AG2R LA MONDIALE

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Pour Que l'Esprit Vive  
une vision engagée de l'art  
association reconnue d'intérêt public

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## ANNE BRAMARD-BLAGNY, AUTHOR – DIRECTOR



In the lineage of her family, she would have had to be a lawyer; but covered with her diplomas, at 20 years old, she heads for the journalism and the Latin America. Among the shelter of the witch-doctor Jivaro, the Andes community, the deprived children of Bolivia or Brazil, she goes to foes across the roads, the ways and the rivers, bringing with her documents, photos, films, which earn her a lot of prices.

But above all, she travels with Julia, her daughter that she has chosen to give birth in the Indian Quarter of La Paz, in order to lend her wings, before she finds herself her own roots. Mother and daughter will go exploring the world, followed by French television teams and by those of the crossed countries.

So, long-distance traveller, Anne will turn into Author, Director, Producer, Collection's Manager, Lecturer, Teacher...

180 documentaries, hundreds and hundreds of lectures will sprinkle years of meetings, of shares...

In 2000, Anne refocuses her activity on the heritage, the artists, musicians or dancers, in diaspora.

In 2004, the serie « Abodes and places of History » filmed by Jean-Luc Mage, obtained the Heritage Price of the « Historical Abode »

In 2008-2009, she is invited at the La Prée artist residence, where she discovers the work of the composer Olivier GRIEF composer, and chooses to pay tribute to him on the occasion of his tenth anniversary of his death. This movie have, as soon as the first projection, a great success. « Le Monde », « Le Figaro », « L'Express » talk about it, six festivals catch it.

In 2011/2012, Stay at the La Prée Artist Residence for the projects "The Alzheimer Melody", but also for "Etienne-Jules Marey. Science at the roots of the Arts" and "Maurice Emmanuel, seeking buried treasures", in the context of the creation of a medical-scientific-music-audiovisual platform, conducted in partnership with several researchers of the Bourgundy University (Inserm/CNRS)

In 2013, in close collaboration with Julia Blagny, for two musical projects unanimously reward and recognised by the press as soon as their releases.

The musical DVD « Maurice Emmanuel, la Rumeur du Monde » (5 diapasons and 4 Classica stars)  
The set-box « Les Incontournables d'Olivier Greif » (Diapason d'Or, Clef du mois ResMusica, Coup de Cœur Charles Cros, 4 étoiles ForumOpéra et 3 étoiles Classica).

In 2014, Anne continues with Julia her work on the Power of the Music.

This is « The Melody of Alzheimer's », a whole of musical and scientific documentaries, as about thirty interviews with patients, musicians, doctors and researchers.

In 2015, release of three documentaries «Etienne-Jules Marey, La science aux Réveil des Arts », « Dans la résonance de Maurice Emmanuel » and « Lumières de femmes », a documentary dedicated to the female composers.

**In 2016 / 2018**, based on all these works, this is the setting up of « The Caravan of Memory » and the web documentary « Music, Movement, Tango and Brain ».

All these movies have been unanimously recognised by the critics and selected in numerous festivals, the « Fifa de Montréal », « Arte Cinema de Naples », « ImagéSanté de Liège » and the « 11th Scientific Film Festival of Athens ».

**The whole is long-awaited by 8 european distributor**

Anne Bramard-Blagny

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## JULIA BLAGNY, AUTHOR-DIRECTOR



For as long as I can remember, there is always a camera, not very far from my mother's Turkish pants. In love with wide-open spaces, she gives rise to me at La Paz, in Bolivia. All my childhood is made of travels, filmings, the discovery of the other.

When it is my time to express myself, I choose the more familiar tool, the lens.

I work several years in a production company, as co-author of « C'est Pas Pareil » (52 capsule film over 3 minutes) broadcasted by Marathon

International.

I have 22 years, I write and realise my first documentary over 52 minutes « Hayet Ayad, a sing for the life » ranked in category 2 by the SCAM and selected by the URTI.

« Por primera vez », by the director Octavio Cortazar calls me to mind and I go to Cuba, in order to take his lessons in the EICTV and to perfect me in the documentary realisation. The EICTV, the INA and the Ateliers Varan are the bearings of my training, polished by ground and life !

Music again, I go with the brass band « La Belle Image » at the Oruro Carnaval, with my inseparable camera, to testify of this surprising franco-bolivian exchange.

The journey in Bolivia permit me to broach the theme of street children, for which my camera become a place of expression and catharsis. I obtain a favourite for child-challenge to edit with the street child from Bolivia.

Music always, I take part in co-direction with the elaboration of a set-box of 12 DVD dedicated to the vast work of the composer Olivier Greif.

On my way, I had the chance to see great artists as Henri Dutilleux, Carolyn Carlson, Marc Minkowski, Alain Kremski, U Roy, Jaime Torres...and to follow them with my camera.

I carry out the shots of several subjects around Etienne-Jules Marey, Marguerite Monnot, Maurice Emmanuel, Bach, the melody of Alzheimer's...and I am present on several recordings.

Otherwise, I have acquire a good knowledge of the post-production tools and often carry out my own movie edits.

On the roads of solidarity, my last filmings permit me to live with children from Lokaro, in the bush, in the south of Madagascar and to deal with my knowledge in depth of the First Nation in Quebec.

Finally, touched by numerous testimonies, I train young people from suburbs to the audiovisuals skills and it is a huge pleasure to see some children being passionate in their turn.

Fortified by all these experiences, I keep going on this way of open-mindedness and discovery. Because travel and filmings are virus for life !

Julia Blagny

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