

FROM TANGO TO SIRTAKI

Dance on a four-beat rythm



Co-funded by
the European Union

They are at the start of the [European project](#) conceived and carried out
between France and Greece, by [ABB Reportages](#)...



Tango teacher Thomas Poucet, a student of Rodolfo Dinzel
and representative of the Dinzel System in France.

Persephoni Venardi, Tango teacher also trained in the Dinzel method,
in Thessaloniki (Greece).

Anthoula Tsolaki, neurologist,
to analyse the comparative powers of this dance in these two countries.



***« I am the captain of my fight,
I am the master of my soul »***

FIRST STEPS AT THE UNIVERSITY OF BURGUNDY

Tango training for the Greek team



**Bonjour, for the French,
Kalimera, for the Greeks,
What a wonderful energy shared across borders!**

It all started with an incredible four-day [Therapeutic Tango training session](#) at the [Marey Centre](#) in Dijon, for trainees from all over France (Beaulieu, Laval, Perpignan, Paris, Troyes, Annecy...), but also from Quebec and even from Thessaloniki in Greece.

All had come to observe, absorb and share the lessons taught by [Thomas Poucet](#), who runs Tango Dinzel, [Solange Bazely](#), singer and dancer, who talks about the origins of Tango. [France Mourey](#), University Professor, [University of Burgundy](#), [Inserm CAPS U1093 Laboratory](#), and [Lucía Bracco](#), physiotherapist and doctor in STAPS, for the theoretical part. [Anne Bramard Blagny](#), author, director and producer, who initiated the project and presented it through her various films.

[Anthoula Tsolaki](#), [Themis Parastatidis](#) and [Persephoni Venardi](#), were there, particularly involved in this project, which will explore the comparative powers of Tango and Sirtaki on elderly people suffering from neuro-evolutionary disorders...

**Ta leme syntoma, in Greek...
See you soon in French!**

ONE WEEK AFTER THE TRAINING COURSE

Workshop in Thessaloniki, Greece



The following Thursday, **the first Tango Dinzel workshop** took place in Thessaloniki, set up by the team who had attended the Therapeutic Tango training course in Dijon.

"Spreading Rodolfo Dinzel's Tango to other parts of the world means spreading the feeling of empathy through Tango, and it's wonderful to be able to pass this on to the elderly"

said Persephoni Venardi, who, accompanied by musician Hermann Mayer, led this first workshop in a series of 16 that will take the Greek seniors to the "[Tangueros Seniors Olympiads](#)" in Dijon in August 2024!

ALSO IN BEAULIEU, FRANCE ...

Crossed perspectives workshop



Following to the same training programme, the team at [EHPAD Foyer Notre Dame](#) in Beaulieu also hosted the « Tango for Seniors » project at the same time.

Emilie Amelin, Séverine Bouteyre and Sabine Jouhomme, a trio whose dynamism is matched only by their smiles, were really in the starting blocks.

Leading the way was Valérie Buguet, the director of the venue, who is deeply committed to this project, which she has tirelessly helped to bring to fruition...

The first workshop was given by [Thomas Poucet](#) and musician Julien Drive.

This cycle of workshops began at the same time as the project in Thessaloniki, Greece, and at the same pace for the same type of audience who had never danced tango before.

A wonderful mirror adventure to follow throughout 2024!

From September onwards, a **series of Sirtaki workshops** will take over, following to a training given by the Greek team to the French team in Thessaloniki!

This project will look at the comparative powers of Tango and Sirtaki on elderly people suffering from neuro-evolutionary disorders, through a research project led by Anthoula Tsolaki, a neurologist who is also an experienced dancer in a dozen disciplines, which she practises regularly with Themis Parastatidis, a dancer and dance teacher in Thessaloniki.

TANGO ON ALL FRONTS

While we await the results of this comparative study, Tango will continue to reach out to its potential audience through a series of events focusing on "ageing well" ...

"HEALTH AND WELL-BEING MEETING"

Organised by [MACIE](#)

Musée de l'Aventure Peugeot
(*Peugeot Adventure Museum*)

Carrefour de l'Europe
25600 SOCHAUX

Saturday 6th April at 4pm

Inserm and ABB Reportages present!

On the programme: conference, Tango demonstration and initiation

[See the full programme](#)

"AGEING AS AN OPPORTUNITY"

Scientific and multidisciplinary conference organised by
the [UFR STAPS Dijon – Le Creusot](#) (*Sports department*)
and the [INSERM caps U1093](#) laboratory
at the Salle des États du Palais des Ducs de Bourgogne in Dijon
(*State Hall of the Dukes of Burgundy Palace*).

Thursday 11th April at 7pm

The ABB Reportages team will be present.

[See the full programme](#)

"CÔTE D'OR SENIOR CITIZENS' FAIR"

Friday 12th April at 1.45pm

Stand, Tango demonstration and initiation

[Click here to find out more](#)

DANCE GAINS GROUND AND THE TANGO TEAM GROWS

Welcome to Aline Rose !



Next Saturday, the **France Alzheimer Côte-d'Or**'s "Caregiver-Aide" workshop will be the first meeting with singer Aline Rose, who has just joined the ABB Reportages Tango team.

Piazzola and "Maria of Buenos Aires", as passport...

ALL THIS TO ANSWER ONE QUESTION

What if the cure for the elderly was more **Dance** than tango?
So let's get to work on Tango and Sirtaki,
but also Tarantella, Sardana and more to come! ...

Claude Levi Strauss wrote:

*"I believe that age and old age are not the predicted shipwrecks,
but rather the time of freedom of the spirit, of tamed shores and
storms".*

ABB Reportages aims to convey and reflect this truth.

***In France and around the world,
everybody is starting to get ready for
The Tangueros Seniors Olympiads
from 8th to 10th August 2024, in Dijon***

[Click here to find out more](#)

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