

ABB Reportages

TANGO FOR SENIORS

#08

Meeting of the week

Gracias a la vida



**Thanks to Life, sang the Chilean Violetta Parra...
The Life that gives us Sound,
The Life that gives us Walking, Movement,
The Life that gives us Love.**

This hymn to the Living is at the heart of our work in bringing Tango (Music and Dance) to Seniors.

And today, when a nasty virus often prevents us from going on site to continue the project, we realize how lucky we are to have been heard and followed on line

**231,319 people have been reached by our workshops
In 7 languages and in 10 countries...
113 establishments dance with us!**

Thank you to the caregivers, to the care teams....

Play the song of "Gracias a la vida"

In the footsteps of the seniors at the retirement homes

Le Chant des Pins - Mimizan

Bernard de Laplanche - Millay

La Croix Violette - Brochon

La Prée's temporary accommodation

A 25-minute break

If you have a connection problem, [download the Google drive file here](#).



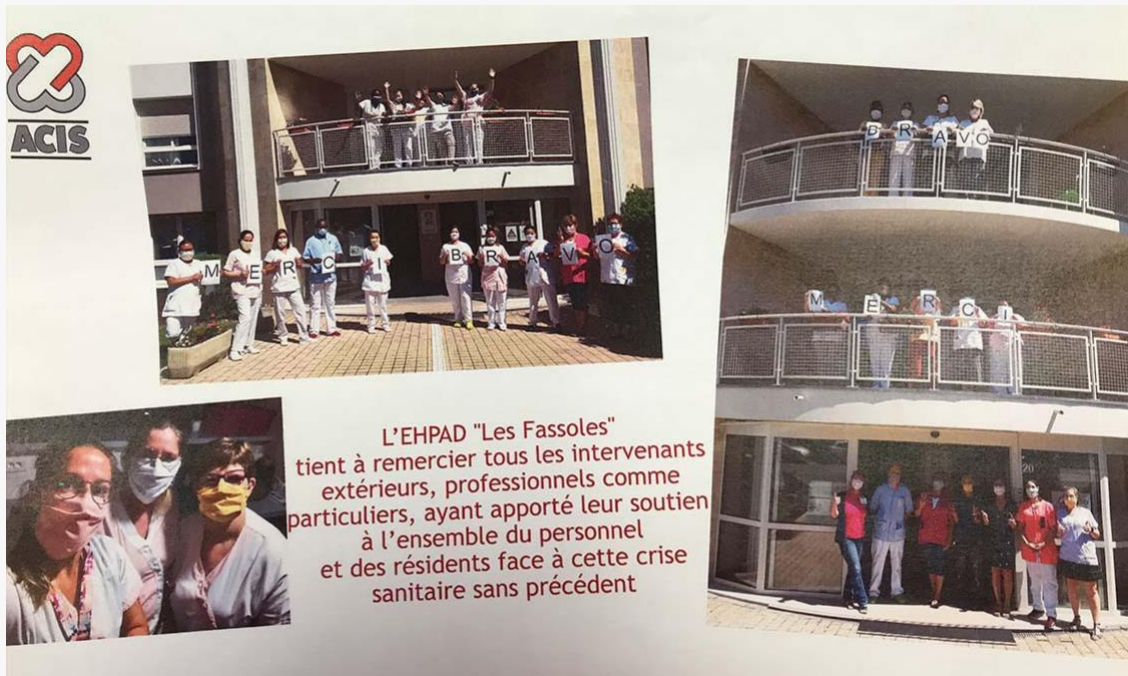
The cassis Boudier and the Chocolaterie de Bourgogne rewarded
the four retirement homes;
and they continue to support the project
CASSIS AND CHOCOLAT TO GOGO

For all those who participate in the crowdfunding
Launched mid-September !

To continue the future On-line workshops.



They said...



Muriel Ickowicz - Facilitator, Retirement home Saint Dominique, Arcachon

"I just viewed your latest online workshop. I find it particularly successful and I look forward to showing it, very soon, to the residents of the Saint Dominique Retirement Home in Arcachon.

It will be our 6th session of the "Tango and chocolate" workshop (because of the chocolates you gave us. We still finish each workshop with a chocolate tasting).

This workshop is now a regular part of the activities program. "

"BRAVO to the artists who are excellent and to all the participants. Thank you for your efforts. "

Delhia Barinoil - Facilitator coordinator, Retirement home, La maison de fontaudin, Pessac

"I always watch your videos, which are very well done, with great interest, the explanations are clear, the sessions varied. Thank you for this beautiful project, I will certainly share the residents' testimonials with you. "

Eva Delhotal - Adapted Physical Activities Teacher, Retirement home, la Maison Blanche, Beaucourt, France

"Your workshops (mobilization and tango) helped us a lot in launching this project in our

institution, and continue to do so providing us with content. It's true that we don't necessarily follow to the letter what you present in your videos, but as far as we are concerned, the videos that interest us and serve us the most are those of mobilization and Tango. "

"At the moment, we have no suggestions to make, but we would like to thank you again for this beautiful project you have created. "

"We notice that there is more active participation by residents in TANGO-type workshops than in regular soft gymnastics groups, and assume that they have danced more in their lives than done gymnastics. There are also probably memories that emerge. Dance "speaks" to them more than "gymnastics."

"The proposed movements are also more graceful, more artistic than those proposed through soft gymnastics, which makes the succession of gestures more harmonious.

Séverine Fusaro - Art-therapist Retirement home, La Croix Violette, Brochon

"We wish to continue the "TANGO" workshops."

" Thank you for this beautiful project! "

Sandrine Berthier – Facilitator, Retirement home, Bernard de Laplanche, Millay

"These workshops have been very helpful to me as a facilitator."

"Indeed, during the confinement there were no external facilitators, so I was able to mobilize my audience through these workshops."

"I will take up the exercises again, and do them in small groups, to be done individually."

" the interventions are complementary... when Sylvana sings, I take up the movements again and the residents "follow" me or listen

Christine or Patricia are dynamic and rhythmic, it gives pep to the session."

"Hoping that you can continue the sessions, I will follow you (we will follow you: the residents) with pleasure."

Claudine Arnaud - Facilitator, Retirement home, Mimizan

"We tried the tango workshop. Some residents like it very much. Since we are in the process of re planning the activities timetable, it is still complicated to program this workshop regularly. It is only a question of time because there are enough motivated

people to be able to do a regular workshop.

I will come back to you when everything is set up".

Luce Ruault - Director, EHPAD ISATIS - La Maison du Soleil, Aubervilliers

"At the Maison du soleil, we are still in a progressive deconfinement process, that is to say, floor by floor, the online workshops offer a flexible way, adaptable to everyone, to make small workshops on each floor".

Sabine Demonchy - Director, Day Centre Renée Ortin - OSE - Sarcelles

"Congratulations for this excellent and enormous job. The questionnaire was sent to the 2 caregivers who tested the online workshops with their family member".

Hélène Berton-Zwartjes - Director, Retirement home, Danielle TORELLI, Paris

"Hello to you and a big thank you for the little chocolates and crème de cassis, which we will share with the residents during a few aperitifs organized from time to time and which they particularly appreciate".

Esther Lindner - Facilitator, Day Centre OSE Jacques (Bô) and Margot Cohn

"It's a remarkable job that will serve me well when the Day center reopens, not to mention that all the exercises can already help me build the activity.

In this sense, viewing the different sections of the videos is very practical, but for someone who watches the video more for relaxation, the sequence is easier because the different moments scroll by.

Each moment has its place and it's with great pleasure that I find the familiar faces that made me discover Tango. "

« Tango is never forgotten ! »



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