

ABB Reportages

# TANGO FOR SENIORS

## #05

*Meeting of the week*

## In rhythm together From Habanera to Tango



**Started in Cuba, the Habanera is the predecessor of Tango ; found by relying on the Habanera of Carmen, the palmas, is to enter into the history of Tango right at its beginnings and with our on-line Tango workshops by the right door !**

A hand game with Carmen Rubio and Amaya to find the right rhythm; just watch them, imitate them. It's up to you. Sit down and respect the distances.

And then, Tango? YES, because, in the language of those who initiated this dance, TANGO meant "the place where we meet".

Let's hit the dance floor, so...

[Watch them with a tablet](#)  
[and share this link with your seniors in retirement homes or at home.](#)

A recreation of 25 minutes

If there's a problem with the connection, download the video via Google drive.

It's to watch, and re-watch during the week.

With all the team, we are preparing the 6th episode.

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***To know what you think of our communication with you we have opened an email address.... A prize for the best testimony.***

### *Winners of the week*



## Present on the 17th March, live, in 30 retirement homes, Tango is now on-line in 109 places

This week, the two partners who support the project  
**Le Cassis Boudier and the Chocolaterie de Bourgogne**  
have awarded a prize to the seniors in the retirement homes Les Erables in Lutz, la Combe Saint Victor in Neuilly, MBV Bellagardel in Toulouse, la Maison Saint Dominique in Arcachon, and those of ISATIS/la Maison des ateliers in Rennes.



### *They said*



*Nothing and no one will ever replace the family...  
But when family isn't there, welcome, bravo and thank you to them.*

***In the monthly magazine « l'aide soignante »***

***(The Nursing Assistant / the care giver)***

*Cécile Besnard gave an account of her experience in a Tango workshop  
set up in the retirement home at Nuits-Saint-Georges.*

"This experience," she writes, "enabled us to accomplish our daily work as a nursing assistant in the retirement home, accompanying our residents in the essential acts of daily life by combining concentration, walking and pleasure; we were able to take into account their needs and their degree of autonomy while dancing! »



To see all of our workshops

With the support of « *Gérontopôle Pierre Pfitzenmeyer* » and  
*Fonds Transmission et Fraternité*  
(*Transmission and Fraternity Fund*)

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