

The technical specifications sheet to understand it all



TANGO FOR SENIORS

Music, Movement, Dance and Social interaction

For 10 years now, ABB reportages has been working to bring Tango to the elderly.

A sequence of training, workshops, research protocols and audio-visuals are used to provide and communicate an improvement in motor and cognitive functions that Science confirms.

Objectives of the project:

- Bring joy to the elderly through Tango,
- Implement Tango in retirement homes for the long term, thanks to a training of the carers,
- Understand and validate through Research, the positive power of Tango,
- Accompany the project in images.



FACE TO FACE ... BUT ALSO ONLINE AND INTERACTIVE ONLINE!

The initial project was to bring this Tango in **Face-to-face**. This is how it was proposed to Rosener House in the context of a training signed with the University of Burgundy. Many press articles and comments have echoed this initiative.

<http://www.abbreportages.fr/content/view/204/182/>

In March 2020, in the evolving context of the pandemic, this Tango has been reinvented. An **Online** version was proposed to cope with the traffic restrictions due to Covid19. Beneficiary of 9 online workshops, Rosener House agreed to share them, by communicating them on their website. Another great success!

<https://sites.google.com/view/pvirosenerhouseonline/activities-by-category/tango>

In 2021, and because traffic restrictions are still in place, ABB Reportages innovated with **Interactive Online** workshops. Going even further than the Online workshop, it is a real disruption that is introduced in the premises. Thanks to the use and development of digital technology, a live course is followed via a videophone platform. Four workshops lead from Buenos Aires by Clarissa Machado were offered by ABB Reportages to Rosener House. The story continues...

http://www.abbreportages.fr/content/view/173/166/la_ng.french/

FOR WHOM?

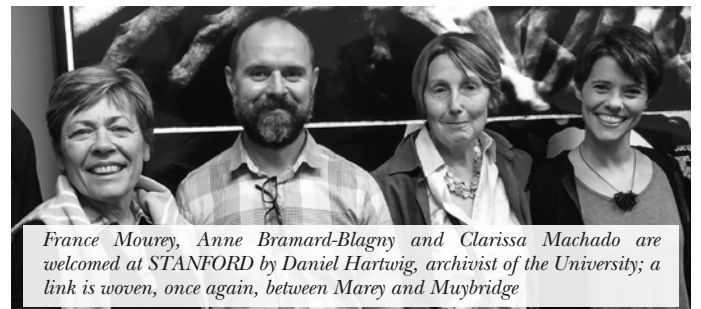
The project was designed for seniors with neuroevolutionary disorders such as Alzheimer's and is still primarily aimed at them. However, in the context of the pandemic, and at the request of institutions that welcome elderly people, the project has been extended to all seniors, in institutions or isolated, whether or not they suffer from cognitive disorders.

BY WHOM?

- **Anne Bramard-Blagny**, documentary maker, based in Dijon, France
- **France Mourey**, university Professor and Inserm 1093 researcher, based in Dijon, France
- **Clarissa Machado**, Dance Movement Therapist based in Buenos Aires,
- **Bob Noakes**, Tango professor at Stanford Research Institute.

See the whole team's resumes:

<http://www.abbreportages.fr/content/view/180/172/>



France Mourey, Anne Bramard-Blagny and Clarissa Machado are welcomed at STANFORD by Daniel Hartwig, archivist of the University; a link is woven, once again, between Marey and Muybridge



WHEN?

Starting in 2021 over 3 consecutive months with 12 interactive workshops

THEY SAID IT AND THEY DID IT

« Thank you for the wonderful workshop video, as always, so well put together and with such incredible music and movement. We have heard nice feedback that the videos are beneficial to both participant and caregiver. Our hearts are heavy the longer we are away from our participants, but we are incredibly hopeful and still offering as much engagement and connection as is possible during this time. »

Shanah Hawk, Rosener House facilitator at Stanford's doorstep



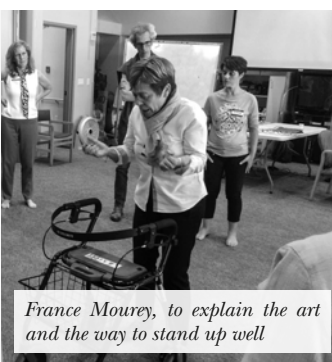
« It's wonderful. Very sincere congratulations with the beautiful team that accompanies you »
Dr Marc Cohen, Geriatrician in Paris - 07/30/2020

« There is nothing astonishing in my behaviors. Volunteering is an important part of the American Culture »

Simone Lewis, a 91-year-old volunteer who accompanies guests at Rosener House



Simone Lewis, an incredible 92-year-old volunteer



France Mourey, to explain the art and the way to stand up well



Clarissa Machado and Bob Noakes, first tango at Stanford



With France Mourey, Emily in her first steps of tango; she will find them two years later in interactive tango



PRESS REVIEW

The Code of Style Magazine, August 18, 2021

<https://thecodeofstyle.com/2021/08/18/health-benefits-of-tango-dancing/?fbclid=IwAR0taMjhAGtLm24jqTxypjMxRBjZzPhTUzjPUGjoUD4FleWHjwS6sjsvjzs>

The Almanach, June 2019

<http://www.abbreportages.fr/content/view/194/176/lang.english/>

Palo Alto Online, 07th June 2019

www.paloaltoonline.com/news/2019/06/07/a-tango-with-alzheimers

OUR SUPPORTS

This project initiated by ABB Reportages, the University of Burgundy and Inserm was hosted by Peninsula Volunteers.

The online and interactive workshops were offered thanks to the Pierre Pfitzenmeyer gerontopole and the Fondation Transmission et Fraternité

