



# DANIELA DA ROCHA

DANCER | PHYSIOTHERAPIST |  
GERONTOLOGY

## EDUCATION

- Tango Performer – National School of Artistic Training (SODRE)
- PhD candidate in Clinical Medicine and Public Health at the University of Granada.
- Diploma in Psychogerontology – University of the Republic (Uruguay)
- Bachelor's Degree in Physiotherapy – University of the Republic (Uruguay)
- Master's Degree in Gerontology, Dependency and Protection of Older Adults – University of Granada (Carolina Foundation Scholarship Recipient)
- Diploma in Psychogerontology – University of the Republic (Uruguay)

## LANGUAGES

Certificate of competency in English (University of Michigan) First, December 2013

## INTERNATIONAL MOBILITY

University of Vic (UVIC) – Spain • University of Burgundy, Dijon – France • University of Granada – Spain  
Funded by: CSIC (University of the Republic, Uruguay) / Carolina Foundation / Ministry of Education and Culture

## CONTACT

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**I integrate art and health through tango, with a psychogerontological approach. Experience in teaching, research, and cultural projects with older adults.**

## ÁREAS OF INTEREST

Dance and health  
Teaching  
Therapeutic movement

## PROFESSIONAL EXPERIENCE

- Workshop Leader and Director – Rehabilitango (2021–Present): Tango therapy program for older adults in the community. Recipient of competitive grants including Arts Development Fund (Municipality of Montevideo), Arts Internationalization Fund, María Azambuya Fund – INAE.
- Practical Area Lecturer – Catholic University of Uruguay (2025)
- Former Grade 1 Lecturer, Bachelor's Degree in Physiotherapy – University of the Republic (2021–2024)
- Workshop Facilitator – Casa de las Ciudadanas, Municipality of Montevideo (2022–Present)
- Physiotherapist in CRENADECER patients with rare diseases. • Dancer – NOS (Nueva Orquesta de Señoritas)

## PUBLICATIONS

- "Psychosocial Interventions and Dementia: Practical Guide" – Fondation Médéric Alzheimer, France (2024)
- Tango and Ageing Well: A Dance to Maintain Autonomy and Support Dependency – Multidisciplinary Colloquium, Dijon, France (2024)
- Tango, Affectivity and Visibility: A Psychogerontological Experience – Colibrí Repository (2023)