

IN CONTACT WITH REALITY

Tango and Dance Therapy

Conversations with Rodolfo Dinzel

Study about the therapeutic aspects of Tango in reference to the theoretical fundamentals of dance therapy, such as the analysis of movement by Laban Rudolf von Laban, Bartenieff Fundamentals and the Kestenberd Movement Profile, KMP. Practical examples and clinical cases comprise the Study.

INTRODUCTION

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| Chapter I | THE BOND |
| Chapter II | DEVELOPMENTAL MODELS: THE SIX MODELS OF MOVEMENT IN THE PSICOMOTORIC EVOLUTION ACCORDING TO IRMGARD BARTENIEFF |
| Chapter III | DEVELOPMENTAL MODELS: TEN TENSION FLOW RHYTHMS (KESTENBERG) |
| Chapter IV | ANALISIS OF MOVEMENT ACCORDGIN TO RUDOLF VON LABAN'S CATEGORIES |
| Chapter V | FORM FLOW: UNIPOLARITY AND BIPOLARITY PRINCIPLES IN KESTENBERG'S ANALYSIS |
| Chapter VI | SHAPES IN PLANS |
| Chapter VII | QUALITY OF THE TENSION FLOW IN THE PRECURSORS OF EFFORTS |
| Chapter VIII | BODY CATEGORY. PSICOMOTORIC CONEXIONS IN TANGO |
| Chapter IX | THERAPEUTIC EFFECTS OF TANGO |
| Chapter X | DMT AND TANGO |

CONCLUSION