ABB Reportages

DANCE FOR SENIORS

EPALE

The Erasmus platform communicates

EPALE is the **Erasmus** sharing platform.

It communicates <u>Erasmus</u> events by highlighting the actions and philosophies behind the projects.

Today, it invites us to look to the future...

The future isn't something we predict—it's something we practice.

Join EPALE podcast host Heini Huhtinen and futures literacy expert Lena Tünkers as they explore how thinking in "multiples" opens up possibilities, challenges assumptions, and makes future-thinking more inclusive and participatory.

ABB Reportages is proud to be part of this dynamic and to be invited to present its project

'Dancing with Seniors'

during the Erasmus Day, which will take place in Besançon on 6th November 2025.

ABB Reportages, who has benefited from a small-scale Erasmus project, will show how this support has helped to demonstrate that Music, Dance and Empathy are revolutionising the care of the elderly.

It is, indeed, <u>Erasmus +</u> that enabled ABB Reportages to forge links with GAADRD (Greek Association of Alzheimer's Disease and Related Disorders) and to demonstrate that tango in Greece is possible and dynamic!



Click on the picture to watch the video

and that Greek dance in France is also possible and brings people together and spreads joy!



Click on the picture to watch the video

<u>ABB Reportages</u> is now aiming at proving that, beyond Tango and Sirtaki, every dance is a vector for bringing together seniors and carers, families and volunteers.



Click on the picture to watch the video

Let's get started on this collaborative project, and welcome to anyone who wants to join!

In Dijon,

the <u>Inserm CAPS U1093</u> laboratory the <u>Université Bourgogne-Europe</u>, and its Sports Department (<u>UFR STAPS</u>), are analysing this through a doctoral thesis project and a multicentre study...

Ready to get started?

With the support of



with the support of Agirc-Arrco.





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